

# Friends & Family CPR/First Aid

March 8th, Atkinson Firehall

CPR 10am-Noon, Lunch Noon-1, First Aid 1-3pm

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Learn basic CPR and First Aid skills  
from WHMS and Atkinson EMS staff!  
CPR certification not offered.



Register now at

[westholtmed.org/friends-family-cpr/first-aid-class](https://westholtmed.org/friends-family-cpr/first-aid-class)

Free Lunch and Doorprizes!

Contact Talya Shutt (402-340-2349) or Jeff Mathis (402-340-4907)